SHRADHANJALI

Integrated School for Orthopaedically handicapped children



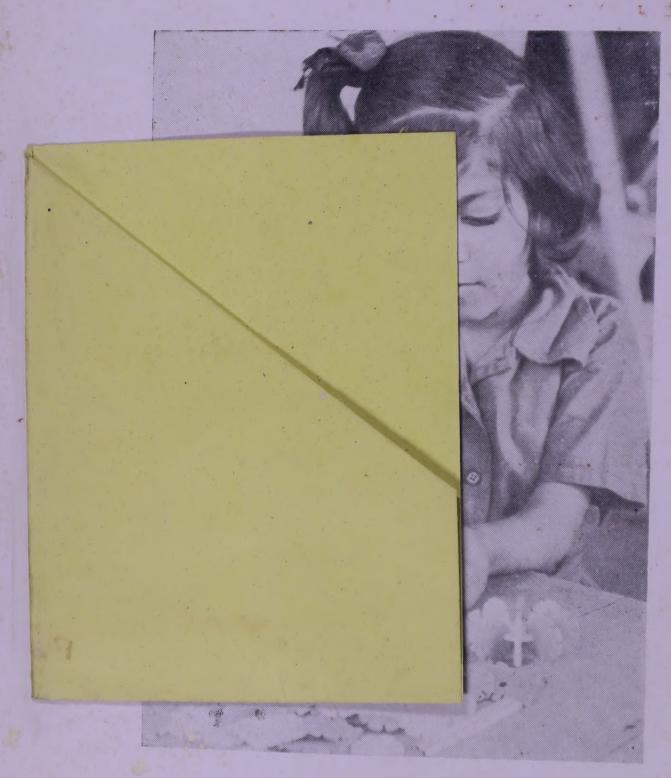
The Association of the Physically Handicapped

Hennur Road St. Thomas Town, BANGAL ORE-560 084





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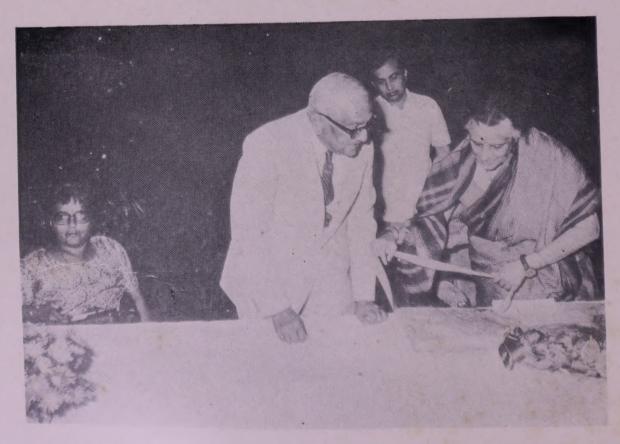


THIS PIECE FITS





Our gesture to Mrs. Chandra Govind Narain 2nd March '81



Mrs. Chandra Govind Narain releasing Seals & Flags 2nd March 1981

200

Foreword

The United Nations Organisation declared 1981 as the Year of Disabled; thanks to this, it has evoked a lot of awareness in the public about the problems and welfare of the handicapped.

We want to share with all of you the joy and the challenges we have experienced in the last 22 years of work in the Association of the Physically Handicapped. It is indeed the co-operation and goodwill we have been receiving from wellwishers and the public at large which has been the driving force for us to find more avenues in rehabilitating the orthopaedically handicapped. We are very confident that no good and worthy cause will suffer for want of assistance. Inspite of many hurdles, we are proud to say that the Managing Committee have pledged themselves to undertake the education and training of the disabled.

We have taken up the stupendous task of building up "Shradhanjali" which will bring hope and meaning into the lives of the handicapped children.

The activities of the school have already picked up momentum and within a few years hundreds of handicapped children will come into its fold to get educated and to become fuller persons.

We are hopeful that all our wellwishers, friends and the authorities in India and abroad will continue to extend their help to make this school project a great success.

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We are grateful...

To Mrs Chandra Govind Narain who very graciously released Seals & Flags on 2nd March 1981 to mark the Fund Raising Programme of 'Shradhanjali' integrated School during this International Year of the Disabled Persons.

To organisers and volunteers who have worked silently to make this fund raising programme a success

To donors who have contributed in small and big ways and to all advertisers of this publication who have helped us in this great venture.

Our special thanks...

To commandant Swaminathan and all his staff members who have helped us in printing the seals and flags free of cost.

To Clarion Advertising Co., and MOCA who have done an excellent art work free of cost in a short time.

To all our friends and well-wishers who have given their valuable articles for this publication.



OUR CENTRE

FUND RAISING COMMITTEE

Smt Kaveri Nadamangalam

Smt. Bharathi Mahendra

Smt. Vijayalakshmi Bhat

Smt. N. S. Hema

Sri. M. N. V. Urs

Sri. B. Venkatesh

The Association of the Physically Handicapped

"Bless us as we enter into it that it may be a place of joy, of hope of new life, or earnest endeavour. Bless all those who all come to train here and value this place of such sense that they will be able to live with courage and hope".

Historic Note

With these words of prayer we, the Association of the Physically Handicapped embarked on a mission in 1960 to educate, train and rehabilitate the orthopaedically handicapped. For us who had come together in 1959 as a friendship club, these words were indeed a source of inspiration. Today as friends enter the Centre, they will realise that faith can move mountains and understanding can achieve miracles.

Our friendship club named itself "The Association of the Physically Handicapped" and not FOR the Physically Handicapped When we did so on 11th January 1959, the orthopaedically handicapped had decided to help themselves although the initiative was taken by only a small group of disabled people along with their friends.

Our desire to help handicapped first manifested itself in the form of small work-centre in a garage. A few handicapped people were engaged in embroidery, bookbinding, paperbag making, and other similar jobs. But this kind of work was not paying. Still we did not give up this

work till 1962 when Mysore Electrical Industry Ltd (MEI) gave us a few assembly jobs on a trial basis. Once this industry was satisfied with the quality of work, it started giving us more jobs regularly. And in doing so, it had become the pioneering industry to have contributed to the welfare of the orthopaedically handicapped in Bangalore. This diversification was a turning point in the development of our Association.

The enthusiasm of the handicapped to do industrial jobs as well as of those who visited the garage was so great that we poised to launch on an expansionprogramme. But for late Sri V T Padmanabhan's generous gift of two acres of land in Fraser Town, Bangalore, the expansion would have remained a dream. (late Sri V T Padmanabhan is a well-known benevolent industrialist in Bangalore). It was not untill 1965 that we could make use of this land because it took us nearly two to three years to raise funds to put up a building. OXFAM of England came to our help with a donation of Rs. 40,000/to put up the first block. The breakthrough in convincing industries like ITI, Imperial Tobacco Company and others that the handicapped can do industrial jobs was achieved about this time. With the result we got more jobs for the trainees who were pouring into our centre in large numbers. The number of trainees increased from 15 in 1962 to more than 60 in 1965 (many more were on the waiting list).

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To meet the crying need of the adult handicapped to be trained and rehabilitated OXFAM of England and Hitfswerk Der Evangelischen Kirchen Der (HEKS) of Switzerland donated over a lakh of rupees in 1968 to start a machine - shop which had a few lathes and a press. The disabled working on the machines was an eye-opener to industries in Bangalore. The progress we made in the next few years with a few industries feeding us with jobs was such it warranted notice by other industries in Bangalore, welfare organisations in and outside the country. and the public. From the inception, our Managing Committee which of 9 trustees and 5 annually elected members always planned and executed its activities with great insight and only with the welfare of the handicapped in mind. Inspite of it, we sometimes have been sadly misunderstood and we had to face labour problems as found in other similar institutions. Still we have not been daunted by impediments but have found renewed strength by overcoming them and we have set our minds in rehabilitation.

Training is only a preparation for rehabilitation; only placement completes it. The major hurdle in providing training to the handicapped has almost been overcome. To solve this problem to an extent, a rehabilitation Centre was started in 1970 with funds and machinery valued at Rs. 21 lakhs provided by HEKS of Switzerland under the Indo - Swiss agreement. This project was inaugurated by the then President of India, late Sri V V Giri on 25th June 1972.

Dr. Fritz Real, Swiss Ambassador, represented the people of Switzerland and BREAD FOR THE WORLD, West Germany

and dedicated the Centre to the disabled in India. Mr. Hans Freudiger was the Director for this project. But for this generous gift. we would not have grown so fast in such a short time to train and rehabilitate the hundreds of disabled adults that we have since then. Even while this project was being planned, we were conscious that it was only a short term solution to the problems of rehabilitation for such a centre with limited scope for growth (because of the very nature of the work it does), can fruitfully absorb only a small percentage of the trained people. The rehabilitation of the handicapped will be achieved in the fullest sense of the word only when the trained disabled are absorbed in the mainstream by industries as a normal course. Till that happens we have not achieved all our objectives. We are only too conscious of this and we have resolved to labour tiressly towards this end.

We have never asked for charity, or special consideration for the handicapped; we only demand equal opportunities:

"Try us — test and if we have per formed satisfactorily, employ us".

That has been our appeal to employers & customers.

Present Activities 'SHRADHANJALI' INTEGRATED

SCHOOL

We always felt for any rehabilitation work the primary needs of the handicapped are medical and education. Even though we felt the need to start a medical centre, to take care all of needs of the handicapped children, we were unable to make a beginning because of the huge financial implications. Therefore, we launched on

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educational programme with very limited resources in 1973 in a small way. Since then we have been making slow but steady progress we always kept in mind that rehabilitation is complete only when integration is provided at all stages. Handicapped children who have been in an atmosphere of prejudice and neglect should shed their complex and make best use of their potential. Since the disabled children in our special school are brought up along with the able-bodied children in the same environment from an early age, they do not have adjustment problems once they get into society. We believe that every child, handicapped or otherwise rich or poor has the right to make use of whatever talent it has and our school endeavours to provide the opportunity for it to do so; for "the woods would be very silent if no birds sang except those that sang best."

INDUSTRIAL TRAINING INSTITUTE FOR ORTHOPAEDICALLY HANDICAPPED

To train the disabled in specific industrial trades, the training programmes were Reorganised in 1975 along the lines prescribed by National Council of Training in Vocational Trades, The programme now includes courses for Turners, Draughtsmen (Mech) Welders, and Fitters, and provides theoritical and practical training to the trainees in these fields. At the end of their training period, they appear for the examinations conducted by National Council of Training in Vocational trade (NCTVT), and obtain certificates from it. Trainees receive a stipend of Rs. 90/- a month during their training. The training centre more than, meets with the NCTVT standards so far as equipment, qualified staff and other facilities are concerned and it is temporarily recognised by the Central Government, The Government of Karnataka helps these programmes by stipendiary grant and Instructors' salary. So far we have trained about 200 disabled persons in four trades.

ADVANCED TRAINING CENTRE:

A thing done is better done well than not done at all. Therefore to enable the disabled youths to equip them with practical skills, we provide 'on-the-job' training for two years in bakelite & plastic moulding, diecasting, turning, welding & tool room. The State Government subsidises the stipends to these trainees. This year we have attempted to integrate the deaf and mute with orthopaedically handicapped in this scheme. We hope one day to be able to coach the deaf & mute along with orthopaedically hanpicapped for NCTVT exams.

This centre has a full fledged tool room, an Injection & Compression Moulding, Pressure Diecasting, Sheetmetal & Welding & Machine shop. All these Machines are of Swiss make and turnout subcontract jobs in these areas for industries in and around Bangalore.

HOME BOUND PROGRAMME:

We started in 1976 what we call 'Home Bound Programme' Through this programme, the severely handicapped whom the industry will find it difficult to employ because of the severity of their handicap, are given light jobs like assemblies, filing, drilling, etc. These they do at their homes. The beneficiaries of this programme are about 100 men and women who are either overaged or underqualified to undergo formal training. We have plans to rehabilitate such disabled men and women in different parts of

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Bangalore, provided industries assure the disabled of continuous light engineering work.

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IYDP and the Handicapped

by

Suresh C. Ahuja

Executive Officer,
National Association for the Blind, India

The United Nations declared 1981 as International Year of Disabled Persons. Countries throughout the world acclaimed the Declaration formed National Committees to plan programmes and events to observe IYDP. In India a National Committee was formed, which in turn constituted working Groups to consider specific aspects of the problems and needs of the handicapped and how they could be best met. The constitution of two of the working groups was particularly significiant — the Working group on legislation and the Working Group on Employment.

IYDP was launched in India at a largely attended function in New Delhi at Prime Minister's residence. Inaugural functions at the State level were held too in many State Capaitals, Since the beginning of January, references to the handicapped, articles, interviews, features etc. have appeared at frequent intervals in the Press, on Radio and on the TV. VouIntary organizations throughout the country have held meetings, seminars, conferences and other functions, including Float Procession designed to create greater awareness of the existence of the handicapped and thair desire for integration in the community.

Never in fact have the handicapped been so much in the limelight as they have

been in 1981 — the International Year of Disabled Persons. But how far does all this effect the handicapped in real terms? At the end of 1981 are they going to be any way better off than they were in 1980? Are the pious resolutions and ambitious plans adopted by the Government and the voluntary agencies of and for the handicapped likely to be translated into positive action? These are questions to which there can be no definite answers. We can only make forecasts on the basis of past experience and statements that emanate from those who have the power to implement the plans that have been and are being formulated.

The creation of public awareness must undoubtedly prove beneficial. Here however, it is essential that the handicapped themselves and those who are concerned with their welfare both at the Governmental and voluntary levels, ensure that publicity is on the positive note. Ability rather than Disability should be emphasised. Efforts should be made to draw out constructive sympathy rather than pity. The image of the handicapped person portrayed should be one of a well adjusted, well groomed, self confident person and not of a helpless, and miserable individual.

Legislation providing for basic rights of the handicapped is indeed necessary.

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However, in the laws that are promulgated care will need to be taken that they are enforceable. If not, the only result will be that we shall have a few more laws on the Statute Book which remain unimplemented. It should also not be forgotten that the handicapped like other citizens of the Republic of India have Fundamental Rights and for this reason the emphasis should be laid on the handicapped citizen not being deprived of his Fundamental Rights, which in many cases is the position today.

Plans drawn up for the welfare of the handicapped by Ministries of the Government of India and State Government Departments as also voluntary organisations should be realistic and not too ambitious. When, for example, only a small percentage of handicapped children are presently receiving education and only a few thousand of the millions of handicapped adults are in employment today it would be futile to draw up plans envisaging education for all or employment for all in the next five or ten years. Plans should be such that can be implemented.

Setting of priorities is essential. With the enthusiasm created by IYDP there is a danger that certain eye-catching projects and schemes will be allocated priority and funds while basic needs are left out.

It is essential too that our planners realize that the welfare of the handicapped is only one part of the total development needs of the country. It would be futile to expect miraulous progress in the area of services for the handicapped when the country still lags behind in basics like water supply, medical facilities, roads industrial and agricultural development etc. This is not to say that we should not aim at progress in the provision of services for the welfare of the handicapped. It is

only that we should expect to achieve progress relative to the general progress of the country. Progress will indeed be spectacular when the country reaches the take-off stage.

The handicapped themselves have an important role to play in ensuring that IYDP does not end as many other a 'Year' have ended, a forgotten symbol and a wasted effort. Let not the Disabled end up forgotten like the 'Woman' of 1975 or the 'Child' of 1979. The handicapped have a duty to project themselves as able, capable, self confident individuals who ask for an opportunity in life on the basis of merit rather than charity. Let them not sit back and wait for things to fall in their laps but let them reach out for opportunities. Let them prove to themselves and to others that the loss of limbs, sight or hearing does not mean that they have to be relegated to the rubbish heap. They should They should be demand their rights. vocal. This does not mean indulging in agitation and aggressive acts like hunger strikes, lying on railway tracks, stone throwing etc. Such agitation can only serve to achieve the opposite result.

A 'year' in the life of the disabled is only a fraction of time. It is to be hoped that the International Year of Disabled Persons will bring forth long term planning which in many countries will result in the acceptance of a 'National Decade of Disabled Person' and hopefully even an 'International Decade of Disabled Person's.

We must seize the opportunity provided by IYPD and work together to ensure a better future for the handicapped. We, the handicapped citizens of today may not necessarily benefit from the efforts being made today but let us work to provide a better furture for those who will be the handicapped citizen of tomorrow.

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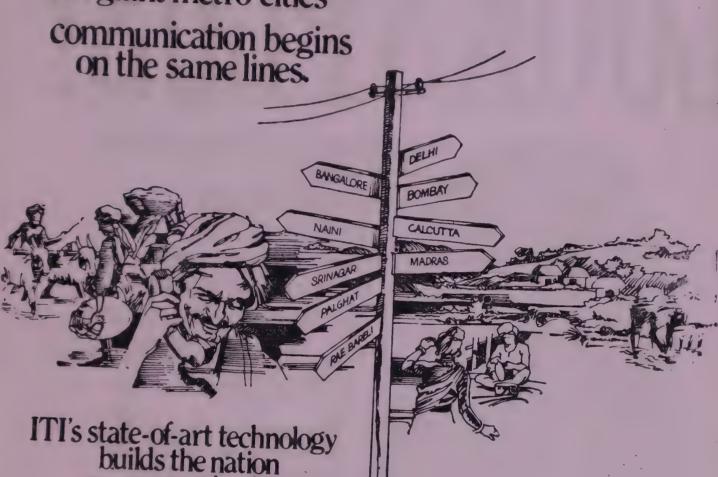
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A Vision, a Commitment, the fruition . . .

Mrs. V. ISWARAIAH

Many organisations come into being, flourish for a while and die. But the Association of the Physically handicapped which was born out of the burning zeal and bright vision of a few good friends, has stood the test of time. Whatever the fulfilment might have been, our aim has remained the same, for it is a commitment in this the International Year of the disabled we are not looking back but forward to re-dedicate ourselves in their service.

The Training Centre which was the first step taken in the field of education, had to be a job-oriented course as useful employment was the immediate need. We shall always be grateful to the industries in Bangalore for the helping hand extended to us. Since this venture proved a success we were emboldened to start a Production Unit in order to make the Centre self-sufficient.

With this background, the 'SHRADHAN JALI INTEGRATED SCHOOL was started by Smt Hema and her band of faithful workers. It was started with just 10

children. Now there are 105. The work done by the school and its contribution to education speak more eloquently than any report that can be written. Suffice it to say that all those who did the spadework will ever be remembered with gratitude and affection.

When we think of the Association of the Physically Handicapped we cannot help recalling the names of Sri N. D. Diwan Sri V, T. Padmanabhan, Sri N, S. Ayyanga, and Rev. I. L. Thomas. It is not what has been donethat counts but the motivation behind it all.

if we work upon marble, it will perish,
If we work upon brass, time will efface it,
If we rear temples, they will crumble to dust
But if we work upon men's immortal minds
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- Free education is given
- Bath is given to children everyday in the morning.
- Medicines are also given if need be. Children are often sent to the orthopaedic surgeon for medical checkup. If there is a need for surgery, we find a sponsor.
- Two to three sets of clothes collected from well-wishers are provided to every child.
- Transport is provided at a nominal fare. Children are brought by a truck and they are dropped back at their homes in the evening. We believe in keeping the children with the family. They should not be deprived of their parental love and home environment.

- To supply the needs of the children such as wheelchairs, calipers, crutches, etc., funds are raised from the public and service clubs. Occupational therapy has been started in a small way.
- Midday-meal programme is being arranged for 40 of our children with the kind help of 'Action Aid' of United Kingdom.
- Importance is given to the arts.

Over the years we have received adequate furniture, teaching aids, library books, toys, indoor games etc, from our well-wishers in India and abroad.

FINANCE:

We are managing with donations received from the generous public, service clubs, philanthropic agencies in India and abroad. State Government finances Teachers' salary.

FUTURE PLANS:

There are hundreds of handicapped children in Bangalore city alone who have to be educated and rehabilitated and made useful members of the community.

We are hopeful of getting land with the help of our Government to expand our school activities.

Our proposed school campus consists of:

FIRST STAGE

Classrooms for nursery to VII
Std, corridors. Toilets, storage,
Staff / Office rooms and
therapy.
Total area 7,750 sq ft. Rs. 7,31,000

SECOND STAGE

Physio & Occupational therapy, library, General Office, Shrine, Principals room, Storage, corridors. Total area 5,000 sq ft. Rs. 5,28,000

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Dining, Kitchen, classrooms for high school, corridors.

Total area 5,200 sq ft. Rs. 5,22,500

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As a famous Chinese saying goes

"when planning for a year - sow corn
when planning for a decade - plant trees
when planning for life - train and educate men"

We have a great task ahead of us to make hundreds of disabled children, who come into our fold, realise their potential through education and therapy. We can

achieve this goal only when we receive support from our well-wishers in India and abroad, Government and public.

MY DOLL



I have a doll, a sweet little doll,
With rosy lips and chubby cheeks.
She has curly hair and pretty blue eyes too
She is really a pretty doll. She has two
tiny little shoes. I like her very much.
I have many dresses for her I bathe her
every day and curl her brown hair.
She is surely the prettiest doll in the world.

By Farzan A. III Std

TINKU, My Pet Dog

I have a sweet little dog,

Her name is Tinku,

The colour of her fur coat is white like snow,
I give her milk and bones everyday,

Every evening I take her for a walk,
I bathe her every week and keep her shining

coat clean,

Sometimes I take her in my hand and fondle

her soft fur,
I like my dog, my sweet little dog.

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Royal Commonwealth Society for the Blind Prevents Blindness in India

BY Dr. RAJENDRA T. VYAS

It is a contradiction of our age and times, that despite the nominal progress in Ophthalmology, preventable and curable Blindness in our country is on the increase. Causative factors of Blindness which can be completely eliminated still render thousands of children and adults sightless in India.

Estimates as to the incidence of Blindness in India have varied from one source to the other. The latest survey carried out by the Indian Council of Medical Research puts the number of blind in our country at 95 million.

Many and varied are the causes of blindness. However, cataract Xerophthalmia and glaucoma are major causes of blindness in our country. It is believed that 70 per cent of blindness is due to cataract, 10% due to Glaucoma 10% due to corneal diseases and the remaining 10% due to miscellaneous causes. As per the 1971 census, 80% of the population in India lives in the rural areas and therefore it can be assumed that four out of every five blind or visually handicapped persons are living in the rural areas.

FAUCITY OF PERSONNEL

No definite statistics are available as to the exact number of Ophthalmic surgeons in the country. However, it is estimated that there are not more than 3000 doctors in the country who are practising Ophthalmology including those who do not hold special ophthalmic qualifications Nearly five hundred qualified eye surgeons are members of the staff of a little over 100 medical colleges. Approximately 2000 eye surgeons are practising in urban or semi-urban towns. For the bulk of the rural population of our country there are hardly 500 eye surgeons whose services are available in some measure to 500000 villages of our country.

It is apparent therefore that no measures short of steps on a war footing can be adequate to meet the challenge of advancing blindness affecting the child and adult population of our country. Grimly aware of this sad situation, the Royal Commonwealth Society for the Blind (RCSB) decided to launch a campaign to prevent preventable and cure curable blindness.

EYES OF INDIA CAMPAIGN:

In order to prevent preventable blindness and cure curable blindness the RCSB launched "Eyes of India Campaign" in January, 1970. The strategy evolved encompassed the harnessing of all possible resources of men and material and their effective deployment in areas mainly rural, needing attention and action. With this end in view service clubs such as the Rotary, the Lions, Y's Men Club, Semi Government Organisations such as the Gram Panchayat, Zillah Parishad and State Departments of Health were approached and involved in the organisation of eye camps.

An eye camp so to say is a temporary setting up of a field hospital to render on the spot medical care and attention. to a given group of people located far away from permanently established cenres of medical care and attention. By its very nature and constitution, an eve camp can only perform limited type of work. In fact eye camps are not new to India. For five decades and more these have been organised to serve the suffering masses. What is new however is the employment of the improved surgical techniques, use of antibiotic and strict observance of a septic conditions which yield almost hospital spectacular results.

A school building, a Dharmshala, a temple premises, a church building, á private house or even tents are requisitioned and converted into a temporary field hospital. The place is scrupulously clean and at times even washed. Pamphlets, hand bills, the beating of drums, radio announcements in rural broadcasts, posters on public transport and public places announce the date and place of the eye camp which normally last from 7 to 10 days The lay volunteers and the expert medical personnel literally work from dawn to dusk, very often late into the nights for the success of the eye camps.

733509 People Receive Signt:

The Royal Commonwealth Society for the Blind launched the "Eyes of India Campaign" in 1980 through its eye camps program mes. In the last 11 years, in India, through thouands of eye camps sponsored each year by the Royal Commenwealth Society for the Blind, 6506400, people got their eyes examined and treated for various of 7,33 509 totally blind people was restored.

Prevention of Malnutritional Blindness:

Over 40000 children go totally blind and 78000 children partially blind each year before their sixth birthday due to Xerophthalmia arising out of Vitamin A deficiency. The Government of India has already set up programmes for control of visual impairment and prevention of Blindness arising out of Xerophthalmia. The Royal Commonwealth Society for the Blind has set up pilot projects in control malnutritional blindness in States of Gujarat Tamil Nadu and U.P. and is expanding its existing programmes in the coming years.

Objectives:

The objective, in the five years commencing 1981, is to establish in each State of India were there is a high prevalence of Xerophthalmia at least one community-based project. This project will be designed, within a limited area but with effective management and evaluation by the end of five year, the prevalence and incidence of blinding malnutrition will be reduced to the point, where control can henceforward be maintained as routine public health measure.

Support to Blind Welfare Activities

The Royal Commonwealth Society for the Blind is also supporting welfare activities for the blind conducted by organisations for the blind in different parts of India in education, rehabilitation and placement of the Blind. Under its sponsorship programme, the RCSB is supporting education of the blind children at 13 different institutions in 6 States viz: Maharashtra,

Gujarat, Karnataka, Kerala, Tamil Nadu and West Bengal under its Commonwealth Opportunity Fund and SHE Fund Typewriters and other aids have been provided to blind women and college going blind students of Maharashtra, Karnataka, and Kerala States.

To promote employment of the blind, the RCSB has given financial assistance to the National Association for the Blind (NAB) to set up employment bureaus for the blind in Delhi, Gujarat, Maharashtra, Madya Pradesh, Karnataka, Kerala,

Tamil Nadu and West Bengal. It also assisted the NAB in setting up vending stands programme for the blind in the Bombay City under self employment scheme.

In the field of rural employment of the Blind, this Society has given financial assistance to the Tata Agricultural and Rural Training Centre for the Blind in Gujarat and for two other rural training programmes in Karnataka and Andhra Pradesh.



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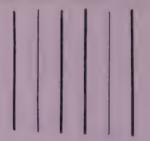
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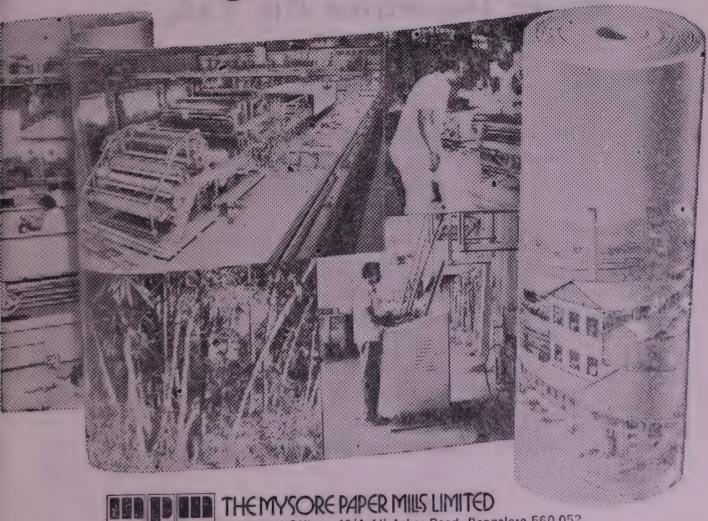
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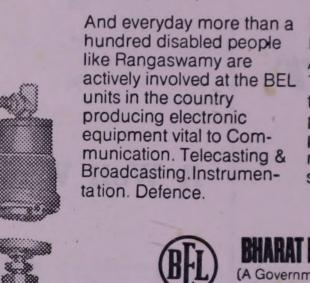
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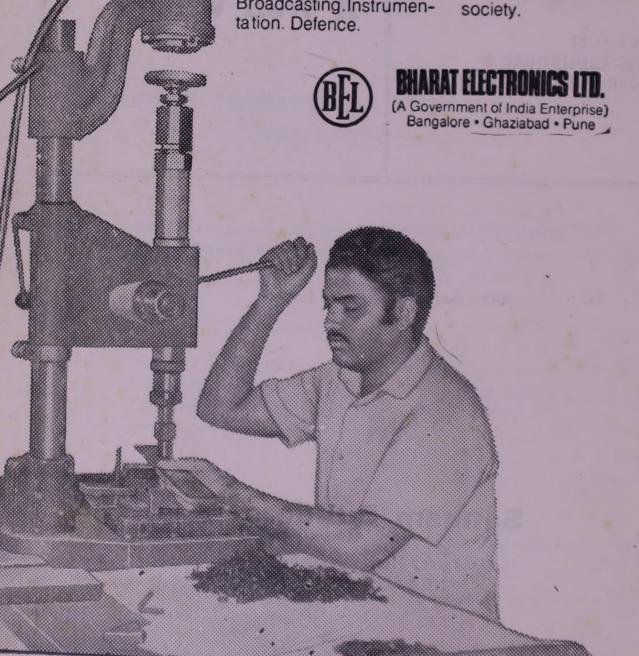
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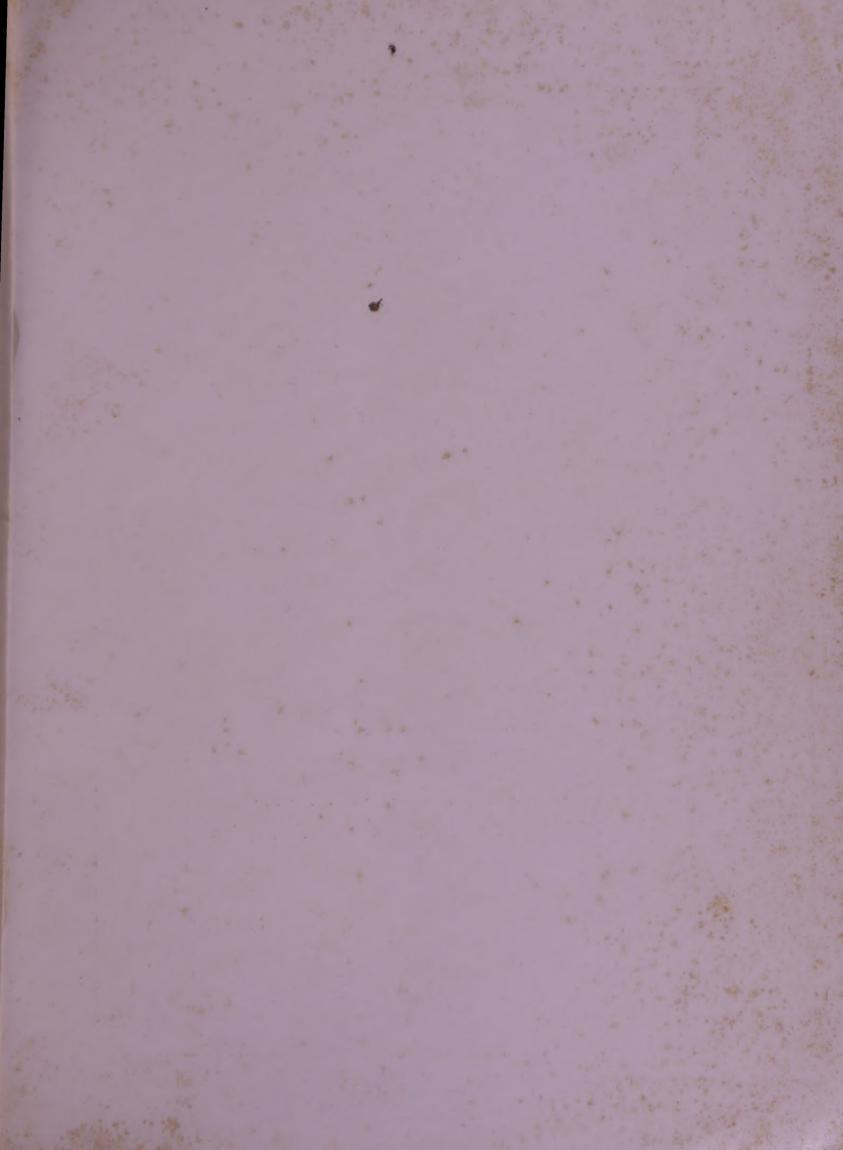
Everyday, Rangaswamy's skilful hands make vital electronic parts.

Pity, he can't see the excellent work he's doing.



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